

FLAVORS OF FALL

2021



BREAKFAST

AUTUMN FRITTATA BITES

2 PER PERSON | MINIMUM 6
FAMILY STYLE 6.95

INDIVIDUALLY PACKAGED 7.95

Wild mushroom and tomato confit, roasted cipollini onions, sage, and goat cheese

SWEET POTATO HASH

5.95 PER PERSON | MINIMUM 12

Roasted sweet potatoes, beyond sausage, maple syrup, rosemary & smoked paprika

SALADS

ENTREE SALADS SERVED WITH BREAD | SIDE SALAD MINIMUM OF 6

HARVEST SALAD

14.65 ENTREE | 7.25 SIDE

Apples, dried cherries, roasted butternut squash, candied walnuts and goat cheese over mixed greens. Served with a maple balsamic dressing

SUPER FOODS DETOX SALAD

14.65 ENTREE | 7.25 SIDE

Chopped broccoli, cauliflower, carrots, kale and parsley tossed with sunflower seeds, almonds and dried cranberries. Served with a maple cider vinaigrette

AUTUMN PASTA SALAD

9.25 ENTREE | 5.25 SIDE

Orecchiette pasta, roasted apples, celery, kale, dried cranberries, spiced pumpkin seeds and cinnamon citrus vinaigrette

AUTUMN QUINOA SALAD

9.25 ENTREE | 5.25 SIDE

Tricolored quinoa with roasted corn, charred red onions, black beans and grape tomatoes with a chili lime vinaigrette

ENTREES & APPS

MINIMUM OF 6

Combo includes artisan bread platter and Classic side salad

TURMERIC ROASTED CHICKEN

21.45 | COMBO 24.45

Brushed with wildflower honey, over Mediterranean chickpea and pesto couscous. Served with roasted heirloom carrots and a red pepper ginger aioli

ROASTED VEGETABLE SKEWERS

38.95 PER DOZEN | 3 DOZEN MINIMUM

Grilled zucchini and yellow squash, red peppers, mushroom and butternut squash served with Tandoori dip

MAPLE GLAZED CHICKEN

19.55 | COMBO 22.55

Dijon and maple glazed chicken breast with ratatouille style farro, roasted parsnips and golden beets

ROASTED CHICKEN AND CARAMELIZED SWEET POTATO SKEWERS

52.95 PER DOZEN -3 DOZEN MINIMUM

Honey cider glaze and served with a pumpkin goddess dressing

HONEY AND GARLIC GLAZED SALMON

21.95 | COMBO 24.95

Roasted salmon rubbed with tarragon and chive. Served with heirloom potatoes, tri-colored carrots, and roasted sweet corn puree

BUTTERNUT SQUASH MAC AND CHEESE

16.95 | COMBO 19.95

Butternut squash tossed with a creamy sun-dried tomato, cheddar, mozzarella, and parmesan sauce. Baked with basil, seasoned panko crumbs, roasted cauliflower and curly kale

SOUP TO GO

SERVES 8-15 | GLUTEN FREE

VEGAN 49.95 | VEGETARIAN 49.95 | CHICKEN, TURKEY OR BEEF 52.95

Appetizer portions are served with crackers. Please check out the amazing rotation of Autumn Flavor on our Cafe Weekly Specials Calendar.

AUTUMN SUSHI PLATTER

64 PIECES 138.95 | INDIVIDUALLY PACKAGED PRICES NOTED NEXT TO EACH ROLL

TERIYAKI SALMON | 15.95

Asparagus and sweet potato topped with torched salmon and teriyaki sauce

TUNA DRAGON | 17.95

Cucumber and avocado topped with spicy tuna, crunchy bits, and Sriracha

MAPLE MUSTARD SALMON |

17.95

Roasted salmon and asparagus topped with a maple mustard sauce

BUTTERNUT SQUASH SALMON |

17.95

Butternut squash, shaved roasted Brussels sprouts and carrots topped with salmon and spicy mayo

SPICY VEGGIE ROLL | 14.95

Carrots, avocado, Japanese cucumber and asparagus with purple cabbage and spicy mayo

FALL FOLIAGE | 14.95

Beets, butternut squash and sweet potato with brown rice

ROASTED EGGPLANT | 14.95

Roasted eggplant, asparagus and avocado topped with crispy toasted pumpkin seeds and sweet soy sauce

CORNUCOPIA | 15.95

Asparagus, spinach, red and yellow bell peppers, avocado and sweet potato wrapped in rice paper

FAST TRACK FALL PACKAGES

SERVES 12

THE REGATTA | 325.95

- Autumn Sushi Platter (choose 5 rolls from above)
- Maple Glazed Chicken
- Super Foods Detox Salad
- Traditional Apple Crumble

FOLIAGE TOUR | 285.95

- Butternut Squash Apple Soup
- Harvest Salad
- Honey and Garlic Glazed Salmon
- Autumn Cupcake Trios

DESSERTS AND HOT DRINKS

AUTUMN CUPCAKE TRIO

AVAILABLE IN INCREMENTS OF 6 | 25.95

- Cranberry Vanilla
- Chocolate Caramel
- Pumpkin Spice Latte

HOT APPLE CIDER

24.95 | SERVES 10-12

HOT CHOCOLATE BAR

159.95 | SERVES 30-35

- 3 Boxes of Homemade Hot Chocolate
- 2 Ghirardelli sauces of your choice (white chocolate, dark chocolate, and caramel)
- 35 Mini Peppermint Candy Canes (individually wrapped)

AUTUMN TARTLET TRIO

5.95 | 3 PIECES PER PERSON

- Butterscotch
- Pumpkin
- Pecan

TRADITIONAL APPLE CRUMBLE

SERVES 12 | 62.95

- Mini Marshmallows | 32 oz

- Homemade Whipped Cream | 64 oz

